



JANUARY | 2019

TCTC Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 No School Winter Break	1 No School Winter Break	2 Papa John's Pizza Broccoli Fruit Choice of Milk	3 Pulled Pork Sandwich Potato Wedges Green Beans Fruit Choice of Milk	4 Chicken and Gravy over Mashed Potatoes Green Peas Dinner Roll Fruit Choice of Milk
7 Bosco Sticks with Marinara Sauce Romaine Salad with Croutons Fruit Choice of Milk	8 Chicken Patty Sandwich Marinated Cucumber Salad Potato Wedges Fruit Choice of Milk	9 Pasta with Meat Sauce Garlic Bread Green Beans Fruit Choice of Milk	10 Hot Dog Fries Baked Beans Fruit Choice of Milk	11 Mac and Cheese Green Peas Dinner Roll Fruit Choice of Milk
14 Papa John's Pizza Romaine Salad with Croutons Fruit Choice of Milk	15 Popcorn Chicken Bowl Dinner Roll Carrots Fruit Choice of Milk	16 Corn Dog Hash Browns Baked Beans Fruit Choice of Milk	17 Cheeseburger Waffle Fries Carrot and Celery Sticks Fruit Choice of Milk	18 Cheese Quesadilla Salsa and Sour Cream Seasoned Black Beans and Corn Fruit Choice of Milk
21 No School Martin Luther King Day	22 Chicken Tenders Romaine Salad with Croutons Fruit Choice of Milk	23 Pasta with Meatballs Garlic Bread Green Beans Fruit Choice of Milk	24 Career Day Pepperoni Calzone Potato Wedges Tossed Salad Fruit Choice of Milk	25 French Bread Pizza w/ Sauce Broccoli Fruit Choice of Milk
28 Papa John's Pizza Romaine Salad with Croutons Fruit Choice of Milk	29 Career Day Pepperoni Calzone Potato Wedges Tossed Salad Fruit Choice of Milk	30 Salisbury Steak Mashed Potato Green Beans Fruit Choice of Milk	31 Mandarin Orange Chicken over Rice Sugar Snap Peas Fruit Choice of Milk	1

News

Lunch Prices:
Regular- \$2.85
Reduced- \$.40

Alternative
Entrees:
Yogurt and Cheese
Stick
PB&J Sandwich
Cold Sandwich

There is a daily
Salad Bar available
as an alternate for
your lunch.

All meals must
contain a fruit or
vegetable choice.

*This institution is an equal
opportunity provider.*