



OCTOBER | 2018

TCTC Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Papa John's Pizza Romaine Salad with Croutons Fruit Choice of Milk	2 Chicken Tenders Marinated Cucumber Salad Dinner Roll Fruit Choice of Milk	3 Penne Pasta with Meatballs Garlic Bread Green Beans Fruit Choice of Milk	4 Chicken and Gravy Mashed Potatoes Corn Fruit Choice of Milk	5 Pulled Pork Sandwich Hash Browns Baby Carrots Fruit Choice of Milk
8 French Bread Pizza w/ Sauce Broccoli Fruit Choice of Milk	9 Chicken Patty Sandwich Marinated Cucumber Salad Potato Wedges Fruit Choice of Milk	10 Teriyaki Chicken over Rice Sugar Snap Peas Fruit Choice of Milk	11 Cheeseburger Waffle Fries Carrot and Celery Sticks Fruit Choice of Milk	12 NEOEA Day NO SCHOOL
15 Papa John's Pizza Romaine Salad with Croutons Fruit Choice of Milk	16 Sloppy Joe Hash Browns Carrot and Celery Sticks with Ranch Dressing Fruit Choice of Milk	17 Hot Dog Fries Baked Beans Fruit Choice of Milk	18 Cheese Quesadilla Salsa and Sour Cream Seasoned Black Beans and Corn Fruit Choice of Milk	19 Cheeseburger Mac and Cheese Peas Roll Fruit Choice of Milk
22 Bosco Sticks with Marinara Sauce Romaine Salad with Croutons Fruit Choice of Milk	23 Popcorn Chicken Bowl Dinner Roll Carrots Fruit Choice of Milk	24 Penne Pasta with Meat Sauce Garlic Bread Green Beans Fruit Choice of Milk	25 Mandarin Orange Chicken over Rice Sugar Snap Peas Fruit Choice of Milk	26 Pepperoni Calzone Marinara Sauce Broccoli Fruit Choice of Milk
29 Papa John's Pizza Romaine Salad with Croutons Fruit Choice of Milk	30 Chicken Nuggets Carrot and Celery Sticks Dinner Roll Fruit Choice of Milk	31 Salisbury Steak Mashed Potato Green Beans Fruit Choice of Milk		

News

Lunch Prices:
Regular- \$2.85
Reduced- \$.40

Alternative Entrees:
Yogurt and Cheese Stick
PB&J Sandwich
Cold Sandwich

There is a daily Salad Bar
available as an alternate
for your lunch.

All meals must contain a
fruit or vegetable choice.

*This institution is an equal
opportunity provider.*